



## Women Religious are Healing Africa Through Healthcare and Medical Services in Africa

Catholic sisters are providing much needed health and wellness services throughout Africa.

In addition to their COVID-19 response, hundreds of Catholic sisters from ASEC programs are using their education and training to improve health and wellness services throughout sub-Saharan Africa. Sisters studying in ASEC's programs pursue a wide range of degrees in the health and wellness sector; serving important roles as hospital administrators, nurses and health advocates in their communities.



Alumnae of ASEC's SLDI and HESA programs obtain the skills and credentials needed to advocate for the most vulnerable and persecuted individuals in the communities they serve.

## ASEC's **Sisters Leadership Development Initiative (SLDI)**

program provides sisters with technology, administration and finance training through one month workshops over three years. Through SLDI, sisters gain the practical skills and confidence to build strong networks and take up leadership roles in their congregations and communities.

## ASEC's Higher Education for Sisters in Africa (HESA)

program provides opportunities for sisters to access diploma, undergraduate and master's level education. HESA is delivered through partnerships with higher education institutions in Africa and online in the USA.

## Sponsor an Africa sister studying medicine

ASEC's SLDI and HESA programs are providing Catholic sisters with new and long-reaching skills to help heal and treat patients with dignity and respect. Support a sister's ASEC-sponsored medical or nursing education now.

Donate: asec-sldi.org/donate



Sr. Magdalena was promoted to Administrator of the Alinafe Community Hospital in Central Malawi after completing ASEC's SLDI program in 2018. She's using her newfound skills to streamline hospital operations, improve patient care and acquire donations and support for the hospital.







After completing her studies via a scholarship from ASEC donors, **Sr. Anastasia** is able to provide obstetric, gynecological and surgical treatment to a remote area of Zambia where patients would otherwise have limited to no healthcare access. Sr. Ana describes where she works as, "...a rural place, where doctors shun to go and work."

Through ASEC's HESA program, **Sr. Harriet** received her diploma in Nursing at St. Francis Hospital Nsambya Training School. She currently serves as the Nursing Director of Nkozi Hospital in Uganda.

Former optometry nurse, **Sr. Mary**, used the grant writing and management skills she learned in AESC's SLDI program to spearhead multiple projects across Ghana, including the building of midwife and administrative facilities. She now supervises over 1,000 staff members as the director of the diocesan health services!

Read more: <u>asec-sldi.org/medical</u>