



4 inspirational homes in Africa where sisters are supporting individuals with disabilities

Catholic sisters from ASEC programs are using their educational training to support people with disabilities at facilities throughout Africa.

According to the United Nations, more than 80 million Africans are living with disabilities, including those with mental health conditions, as well as birth defects and other physical impairments.

But throughout sub-Saharan Africa, a number of facilities dedicated to serving this vulnerable population are administered by Catholic sisters from ASEC's Service Learning, Sisters Leadership Development Initiative (SLDI) and Higher Education for Sisters in Africa (HESA) programs.



Alumnae of ASEC's SLDI and HESA programs obtain the skills and credentials needed to advocate for the most vulnerable and persecuted individuals in the communities they serve.

ASEC's **Sisters Leadership Development Initiative (SLDI)** program provides sisters with technology, administration and finance training through one month workshops over three years. Through SLDI, sisters gain the practical skills and confidence to build strong networks and take up leadership roles in their congregations and communities.

ASEC's **Higher Education for Sisters in Africa (HESA)** program provides opportunities for sisters to access diploma, undergraduate and master's level education. HESA is delivered through partnerships with higher education institutions in Africa and online in the USA.

Disability ≠ Inability

You can help serve and provide a lasting impact on people with disabilities in Africa by supporting a sister's ASEC-sponsored education now.

Donate: asec-sldi.org/donate



Cheshire Home for Girls – Limuru, Kenya

Cheshire Home provides a residential and training program for 35 young women and girls with varying mental and physical disabilities. **Sr. Anne** became Director after earning her B.A. in Development Studies through HESA.



Padre Pio Rehabilitation Centre – Cape Coast, Ghana

Padre Pio Rehabilitation Centre serves children and adults with physical and/or mental disabilities. In May-June, 2019, ASEC service learning participant **Kirsten Gillern** donated over 200 instruments to special needs children at the centre.

Providence Home for the Disabled – Nkokonjeru, Uganda

Sr. Elisabeth is one of the administrators and a social worker at Providence Home. She is a HESA program participant pursuing her Masters degree in Counseling Psychology. When the center began to struggle financially, Sr. Elisabeth was able to apply the knowledge she gained from her education to help launch alternative farm projects to support the home.

St. Elizabeth Day Center for Children & Young Adults with Disabilities – Cape Coast, Ghana

At St. Elizabeth's, about 40 children receive outpatient services such as exercise therapy, endorphin release therapy and educational services for parents. SLDI participant **Sr. Juliette** works at the centre and is currently studying Administration.

Read more: asec-sldi.org/disability