

2018 News Submissions

[RE-COUNTING MY EXPERIENCE AS AN SLDI ALUMNAE](#) by Sr. Clare Abisola Adelokun, DHS, [Nigeria](#), (1/30/2018)

[Alumnae participants commends ASEC and Sponsors and](#) by Sr. Julie Zulu, [Zambia](#), (2/2/2018)

[Making liquid Soap Excited the Sisters](#) by Sr. Mary Germina Keneema, [Uganda](#), (2/3/2018)

[ASEC Site Visit to Makunka Rural Health Centre](#) by Sr. Julie Zulu, [Zambia](#), (2/7/2018)

[THE WONDER OF COMMUNICATION/ATTENTIVE LISTENING](#) by Sr. Chinwe Odinko, LSJ, [Nigeria](#), (2/8/2018)

[HONESTY PAYS: BE HONEST LIKE CHILDREN](#) by Sr. Sarah Egbai, SHCJ, [Nigeria](#), (2/8/2018)

[Reflective Learning Seminar in Nigeria](#) by Sr. Elizabeth Babalola, DHS, [Nigeria](#), (2/8/2018)

[The innovative skills acquired helped me finish the projects](#) by Sr. Asperanza Bahati Massawe, CDNK, [Zambia](#), (2/15/2018)

[My Journey at CARA](#) by Sr. Florence Emurayeveya, EHJ, [Nigeria](#), (2/16/2018)

[NCWR Abuja area observe a day of prayer for national unity](#) by Sr. Joy Ibegbulam, [Nigeria](#), (2/19/2018)

[She Touched the Heart of God: A Reflection on the Hemorrhaged Woman](#) by Virginia Shuaibu, [Nigeria](#), (2/21/2018)

[The role of the Consecrated men and women in Tanzania](#) by SR. MARIA TELESFORA UMUSUBI, COLU, [Tanzania](#), (2/22/2018)

[LENTEN MEDITATION](#) by Sr. Ebelechi Muodize IHM, [Nigeria](#), (2/23/2018)

[After learning finance I resolved not to fear auditors](#) by Sr. Lizzy Mbobola (OP), [Zambia](#), (3/2/2018)

[Financial management a life skill that can be applied any where at a given time.](#) by Sr. Cecilia Nachizuka Nakambo, [Zambia](#), (3/13/2018)

[BEING and DOING](#) by Sr. Elizabeth Babalola, DHS, [Nigeria](#), (3/13/2018)

[GOD IS GOOD ALL THE TIME](#) by SR. M. MATILDA J. MRINA, [Tanzania](#), (3/15/2018)

[ASEC Renews Partnership with CUEA](#) by Mackenzie MacNeal, [USA](#), (3/19/2018)

[Planting a successful future](#) by Sr. Clementina Phiri, [Zambia](#), (3/20/2018)

[The skills i acquired have helped me in my work](#) by Sr. Priscilla Mwanza, [Zambia](#), (3/21/2018)

[Seven HESA students awarded Degrees in Business Administration and Management](#) by Sr Mary Germina Keneema, [Uganda](#), (3/28/2018)

[BIG FAMILY OF ASEC/SLDI](#) by Sr. Perpetua Apo , [Kenya](#), (3/29/2018)

[Between Denial and Betrayal](#) by Sr. Elizabeth Babalola, DHS, [Nigeria](#), (4/2/2018)

[CLIMATE CHANGE](#) by Sr. Elizabeth Babalola, DHS, [Nigeria](#), (4/5/2018)

[Managing the Saint Marguerite D'Youville Old Age Home](#) by Sr. Theresia Ntsoaki Noko, SCO, SLDI Leadership Track (2016-2018) manager of the St. Marguerite D'youville Old Age Home, [Lesotho](#), (4/9/2018)

[Radio](#) by Sr. Veronica Nyibeh (SLDI Alumnae), [Cameroon](#), (4/12/2018)

[The joy of being SLDI Alumnae](#) by Sr. Virgilia Zama, [Cameroon](#), (4/12/2018)

[My journey of Transformation in SLDI](#) by Sr. Virgilia Zama, [Cameroon](#), (4/12/2018)

[SLDI Training Yielding Abundant Fruits Wherever I Pass](#) by Sr. Vera Ndifofo, SST, [Cameroon](#), (4/12/2018)

[A place to call home: Sharing the Pain of Displaced Persons](#) by Sr. Veronica Dinla (SLDI Alumna and member Displaced persons struggling to collect supplies from the sisters of the social commission), [Cameroon](#), (4/12/2018)

[Leaving footprints as I tread the path of life](#) by Sr. Vera Ndifofo, SST, [Cameroon](#), (4/12/2018)

[Second Chances - Prisoner Support Program](#) by Sr. Gwendolyn , [Cameroon](#), (4/12/2018)

[Service Learning participants prepare for volunteer experience in Nairobi, Kenya](#) by Amy Fedele, [USA](#), (4/13/2018)

[TWENTY ASEC TWO YEAR BIGWA SCHOLARSHIP STUDENTS GRADUATE AT BIGWA SISTERSâ SEMINARY - MOROGORO](#) by Sr. Maria Telesphora, COLU, [Tanzania](#), (4/17/2018)

[Primary school students planting trees in Africa](#) by Sr. Bertha Chigowani, [Malawi](#), (4/30/2018)

[HEARTFELT APPRECIATION](#) by Sr. Inviolata Kimathy, CB, [Tanzania](#), (5/1/2018)

[SISTERS SUSTAIN CONGREGATION THROUG ENGAGEMENT IN VARIOUS ACTIVITIES](#) by Sr. Maria Telesphora Umusubi, COLU, [Tanzania](#), (5/1/2018)

[ASEC-Warm Heart of African Sisters](#) by Sr. Grace Katumbi, [Malawi](#), (5/1/2018)

[My personal experience](#) by Sr. Maudy Mudumha, [Malawi](#), (5/2/2018)

[Malaria a leading cause of death in Africa \(Malawi\)](#) by Sr. Grace Akpan (MMM), [Malawi](#), (5/4/2018)

[Organic Farming](#) by Sr. Veronica Nyambe (Handmaid Sisters), [Zambia](#), (5/7/2018)

[BIGWA SISTERS SEMINARY CELEBRATE GOLDEN JUBILEE WITH GREAT SUCCESS](#) by LUSR. MARIA TELESOPHORA UMUSUBI, (COLU), [Tanzania](#), (5/12/2018)

[Saving the world through Health and Wellness](#) by Mackenzie MacNeal, [USA](#), (5/14/2018)

[LIVING IN HARMONY WITH CREATION](#) by Sr. Vera Ndifoin SST, SLDI-Finance Track 1, [Cameroon](#), (5/16/2018)

[The fall outs of the SLDI Trainings](#) by Sr. Vera Ndifoin, [Cameroon](#), (5/16/2018)

[Recycling An Economic Activity](#) by Sr. Yvette Sam (SUSC), [Cameroon](#), (5/16/2018)

[International day of Families](#) by Sr. Vera Ndifoin, SST, [Cameroon](#), (5/16/2018)

[CULTURAL DIVERSITY: A HIDDEN PEARL](#) by Sr. Vera Ndifoin, SST, [Cameroon](#), (5/16/2018)

[INTERNATIONAL DAY OF THE FAMILIES](#) by Sr. Euphemia Beri, [Cameroon](#), (5/16/2018)

[Malawi SLDI participants felt both inspired and challenged](#) by Sr. Teresa Mulenga, [Malawi](#), (8/3/2018)

[THE CONCEPT OF RIGHT](#) by Sr. Joyce Baabereyir, HHCJ ALUMNI, GHANA, [Ghana](#), (5/20/2018)

[NIGERIA HAS NO BUSINESS WITH POVERTY](#) by SR CLEMENTINA OBEMBE, OSF, [Nigeria](#), (5/22/2018)

[Chipapa Development program](#) by SLDI Group 1, [Zambia](#), (5/24/2018)

[WASHING EACH OTHER&S FEET](#) by Sr. Elizabeth Babalola, DHS, [Nigeria](#), (6/10/2018)

[CLIMATE CHANGE](#) by Sr. Elizabeth Babalola, DHS, [Nigeria](#), (6/10/2018)

[THE ROLE OF MICROFINANCE](#) by Sr. Elizabeth Babalola, DHS, [Nigeria](#), (6/10/2018)

["INDIGENOUS EDUCATION AS AN INSTRUMENT FOR PROMOTING NATIONAL UNITY AMONG NIGERIANS"](#) by Sr. Elizabeth Babalola, DHS, [Nigeria](#), (6/10/2018)

[DEVELOPMENT WORK AND ECONOMIC EMPOWERMENT OF VULNERABLE HOUSEHOLDS](#) by Sr. Veronica Chibuzor Iloh, SJGS, [Nigeria](#), (6/10/2018)

[Healthy body for healthy spirituality](#) by Sr. Martha Nwakaudu DCPB and Sr. Kelechi Ohalete PHJC, [Nigeria](#), (6/11/2018)

[Quality Education for Africa: Sustainable Development Goal 4](#) by Mackenzie MacNeal, [USA](#), (6/12/2018)

[From Sister Leadership Development Initiative to HESA](#) by Matha Chiamaka Ugwu, [Kenya](#), (6/28/2018)

[Life experience in Nyumbani Village](#) , [Kenya](#), (6/28/2018)

[ASEC-SLDI June 2018 Administration track made a field trip to One Village Farm.](#) by Sr.kelechi .G.Ohalete, [Nigeria](#), (6/29/2018)

[HESA Reflective Learning workshop fills the gap in students.](#) by Sr. Teresa Mulenga, [Malawi](#), (7/3/2018)

[Nearly 2000 people treated in Health camp in Nyabwina, Uganda](#) by Sr. Nirmala Immaculate, [Uganda](#), (7/5/2018)

[Rural structures embracing sustainable organic garden and farming](#) by Sr. Judith Mwango, [Zambia](#), (7/6/2018)

[Impossibility can be a possibility for opportunity](#) by Sr. Namasiku Mutonga SLDI Finance I, [Zambia](#), (7/6/2018)

[Installation of the solar power back up system for medical center](#) by Sr. Stella Ovientaoba, MMM (SLDI Alumna), [Malawi](#), (7/12/2018)

[Learning skills through SLDI workshop to improve my work](#) by Sr. Junicia Mosifa, SCIM (SLDI Alumna 2016-2018), [Lesotho](#), (7/16/2018)

[Words of gratitude articulated from Lesotho sisters who completed their SLDI program](#) by Sr. Eugenia Leteketa S.C.O, [Lesotho](#), (7/16/2018)

-
- [Young people at the service of God for life](#) by Dorice Tembo (SLDI), [Malawi](#), (7/16/2018)
- [fear of going back to school](#) by Sr. Roseline Nwankaego Odunze, DHS, [Nigeria](#), (7/18/2018)
- [Words of gratitude articulated from Lesotho sisters who completed their SLDI program](#) by Sr. Eugenia Leteketa , [Lesotho](#), (7/19/2018)
- [Faith and Development: A Celebration of ARU at 50](#) by Sr. Draru Mary Cecilia, LSMIG, Ph.D., [USA](#), (7/26/2018)
- [ASEC HAS EMPOWERED FOR LIFE](#) by Sr. Faustina Khaoya, [Uganda](#), (7/26/2018)
- [3rd Visiting Scholar arrives at CARA for research fellowship](#) by Amy Fedele, [USA](#), (8/1/2018)
- [Blossom where you are planted.](#) by Sr. Emmanuela Chioma Okafor, O.P., [Nigeria](#), (7/31/2018)
- [MOTHERSâ LAMENT IN SOUTH AND NORTH WEST REGIONS OF CAMEROON](#) by Sr. MBOM MaryCleophas AFUMBOM Holy Union Sisters, [Cameroon](#), (8/2/2018)
- [Teresian sisters ASEC Alumnae project attracts congregation attention](#) by Sr. Teresa Mulenga, [Malawi](#), (8/7/2018)
- [ASEC Skills helped me win donor confidence](#) by Sr. Teresa Mulenga, [Malawi](#), (8/7/2018)
- [Young Generation Live with Hope](#) by Sr. Sonia Quintino, [Malawi](#), (8/9/2018)
- [Innovation for a better Living](#) by Sr. Jane chitete, [Malawi](#), (8/20/2018)
- [Celebrating life with the mentally challenged persons](#) by Sr. Bernadette Zulu (8/20/2018)
- [Successful Story](#) by Sr. Lucy Chemutai Yego, [South Sudan](#), (8/28/2018)
- [My Successful Story](#) by Sr. Florence Drijaru, [South Sudan](#), (8/28/2018)
- [Financing the Future Generation in South Sudan](#) by Sr. Agnes Manzeda, [South Sudan](#), (8/28/2018)
- [Yung Mothers](#) by Sr. Oliva Namono Manana, [South Sudan](#), (8/28/2018)
- [Formation Workshop in Nigeria](#) by Sr. Elsa Solas, cm , [Nigeria](#), (9/4/2018)
- [Facilitating a first ever Junior Sisters' Workshop](#) by Sr. Caroline Wanjiku Munene, [Kenya](#), (9/6/2018)

[My Appreciation - My Joyful Experience - Success Story of JKO](#) by Juliana Kemi Osiyemi, [Nigeria](#), (9/7/2018)

[We appreciate ASEC](#) by Sr. Margaret Wamae, [Kenya](#), (9/7/2018)

[Long live HESA Long live ASEC](#) by Sr. Michelina Gacheri, [Kenya](#), (9/7/2018)

[ASEC/SLDI graduate ninety-five Religious women in Nigeria](#) by Sr. Chidalu Ohalete, [Nigeria](#), (9/7/2018)

[Hail Mother ASEC](#) by Sr. Joyce Kariuki, [Kenya](#), (9/10/2018)

[Administrative Skills for an African Sister](#) by Sr. Olga Massango, , [Kenya](#), (9/10/2018)

[Field Trip](#) by Sr. Veronica Daniel, [South Sudan](#), (9/11/2018)

[Appreciation](#) by Sr. Juliana Khaisia, [Kenya](#), (9/12/2018)

[A Moment to Cherish](#) by Sr. Margaret Wamae, [Kenya](#), (9/12/2018)

[ASEC/SLDI graduates ninety-five Religious Women in Nigeria](#) by Sr. Chidalu Ohalete PHJC, [Nigeria](#), (9/12/2018)

[Skills obtained during technology and administration course have produced fruits that will last](#) by Sr. Prema Antony Admin I, [Zambia](#), (9/13/2018)

[OUR VISIT TO ONE VILLAGE FARM](#) by Sr. Sim Bridget Shekarah(SSL), [Nigeria](#), (9/15/2018)

[On Excellence](#) by Sr. Irene Kwena, [Kenya](#), (9/18/2018)

[Thank you](#) by Sr. Irene Kwena, [Kenya](#), (9/18/2018)

[KENYA SLDI BENEFICIARY APPRECIATION](#) by Sr. Mary Philip, [Kenya](#), (9/18/2018)

[APPRECIATION TO HILTON FOUNDATION OUR DONOR](#) by Sr. Angelina Ngewa, [Kenya](#), (9/20/2018)

[Improvements after being helped](#) by Sr. Theresia Noko, [Lesotho](#), (9/21/2018)

[COMMEMORATING THE DAY OF THE AFRICAN CHILD 16th June, 2018](#) by Sr. Vanaja Jasphine, [Cameroon](#), (9/21/2018)

[The positive power of ability and passion!](#) by Sr. Caroline Acha Sisters of St. Therese and SLDI Admin Alumnae, [Cameroon](#), (9/21/2018)

[MY APPRECIATION â MY SLDI JOYFUL EXPERIENCE: SUCCESS STORY OF JKO](#) by Sr. Juliana Kemi Osiyemi, EHJ, [Nigeria](#), (9/21/2018)

[ZAS Diamond Jubilee](#) by Juliana Chibaula Zulu, [Zambia](#), (9/21/2018)

[What would have happened to me](#) by Sr. Francisca Yovo, [Kenya](#), (10/1/2018)

[Gratitude without Measure](#) by Sr. Uche Charity Onyekonwu, [Nigeria](#), (10/1/2018)

[HESA Thanks Poem](#) by Sr. Agatha Mumbi, [Kenya](#), (10/1/2018)

[The power of giving back to the Community](#) by Joseph Odhiambo Okello, [Kenya](#), (10/2/2018)

[A Dedication to HESA in Gratitude](#) by Sr. Fridah Kainyu Miriti, [Kenya](#), (10/2/2018)

[My Heartfelt Appreciation to ASEC](#) by Sr. Tabitha Akello Odero, [Kenya](#), (10/4/2018)

[THANK YOU TO ALL ASEC STAKEHOLDERS](#) by Sr. Caroline Mwasya Mutono, [Kenya](#), (10/4/2018)

[What Return to ASEC for such Love](#) by Sr. Jane Onchari, [Kenya](#), (10/4/2018)

[What I am today was determined by ASEC](#) by Sr. Linda Kiven, [Kenya](#), (10/9/2018)

[A lift in my life](#) by Sr. Agnes Anatory, [Tanzania](#), (10/9/2018)

[Wonderful to Acknowledge](#) by Sr. Roseline Ikanda, [Kenya](#), (10/9/2018)

[Appreciation to Mother ASEC](#) by Francisca Unekwujo Igoche , [Nigeria](#), (10/9/2018)

[MY GRATITUDE TO ASEC FOR THEIR GOOD HEART](#) by Sr. Jenifer Mutio, [Kenya](#), (10/9/2018)

[LONG LIVE ASEC, LONG LIVE HILTON FOUNDATION](#) by Sr. Edel Quinn, [Kenya](#), (10/9/2018)

[Appreciation](#) by Sr. Emily Adhiambo, [Kenya](#), (10/10/2018)

[MY EXPERIENCE DURING AND AFTER 3 AND HALF YEARS IN THE INSTITUTE OF CATECHETICS AND PASTORAL MINISTRY](#) by SR. GAUDENSIA KICONCO , [Uganda](#), (10/10/2018)

[ASEC our Mother](#) by Sr Henrietta Aniazoba , [Nigeria](#), (10/10/2018)

[MY EXPERIENCE AS A HESA STUDENT](#) by Sr. Maria Josephine Anicia, [Uganda](#), (10/10/2018)

[My Learning Experience at Tangaza University College as HESA Student](#) by Sr. Mary Anyango Owuoth, [Kenya](#), (10/10/2018)

[Thank you ASEC for thinking about Sisters in Africa](#) by Sr. Monica Karinge, [Kenya](#), (10/10/2018)

[The Usefulness of my Study to my Present Apostolate](#) by Sr. Chinyere Veronica Okpara, [Nigeria](#), (10/10/2018)

[THE VALUE AND FRUITS OF THE ASEC SCHOLARSHIP](#) by Sr. Norah Mercelyne Nyausi, FMSJ, [Kenya](#), (10/11/2018)

[MMM COMMUNITY IN TORUGBENE, BOMADI DIOCESE BAYELSA STATE, NIGERIA](#) by Sr. Clementina Obembe, OSF, [Nigeria](#), (10/14/2018)

[How the skills that I have acquired is helping me](#) by Sr. Teresa Chepchoge, [Kenya](#), (10/15/2018)

[THE EFFECTIVENESS OF THE ONLINE PROGRAMS FOR HESA SISTERS IN KENYA](#) by Christopher Njoroge Mwaura, [Kenya](#), (10/15/2018)

[It seeks to empower different stakeholders on social cultural issues to enable them engage in Justice and Peace, human rights, equity and participatory leadership](#) by Sr. Hannah Muiruri, [Kenya](#), (10/15/2018)

[ASEC A TOOL OF TRANSFORMATION THROUGH PHILOSOPHY](#) by Sr. Margaret Wamae, [Kenya](#), (10/15/2018)

[Limuru Cheshire Home](#) by Sr. Ann Kamene, [Kenya](#), (10/15/2018)

[IMPACT OF ASEC IN THE CONGREGATION DAUGHTERS OF THE SACRED HEART](#) by Sr. Josephine Keino, [Kenya](#), (10/15/2018)

[Gratitude to ASEC](#) by Sr. Lucy Katuku Titus, [Kenya](#), (10/15/2018)

[Sisters Awarded Certificates in finance and Administration](#) by Sr Teresa Mulenga, [Malawi](#), (10/23/2018)

[The Impact of SLDI skills towards establishment of Holy Family Pre and Primary School](#) by SR. MARY JOSEPH, NSA, [Tanzania](#), (10/29/2018)

[EDUCATION IF A MAGIC FOR SUCCESS](#) by SR. FELISTA MKULIA, OLHC, [Tanzania](#), (10/29/2018)

[TIPS FOR SUCCESS IS THE COMBINATION OF EDUCATION AND HARD WORK](#) by SR. SUZAN BENEDICT, SCC (ALUMNA), [Tanzania](#), (10/30/2018)

[A lift in my life](#) by Sr. Agnes Anatory, [Kenya](#), (11/5/2018)

[Gratitude without measure](#) by Sr. Charity Uche, [Kenya](#), (11/5/2018)

[Formation Workshop in Nigeria](#) by Sr. Elsa Solas, [Kenya](#), (11/5/2018)

[MY EXPERIENCE DURING AND AFTER 3 AND HALF YEARS IN THE INSTITUTE OF CATECHETICS AND PASTORAL MINISTRY](#) by Sr. Gaudensia Kiconco, [Kenya](#), (11/5/2018)

[ASEC our Mother](#) by Sr. Henrietta Aniazoba, [Kenya](#), (11/5/2018)

[MY EXPERIENCE AS A HESA STUDENT](#) by Sr. Josephine Anicia, [Kenya](#), (11/5/2018)

[The Usefulness of my Study to my Present Apostolate](#) by Sr. Veronica Chinyere, [Kenya](#), (11/5/2018)

[A VOTE OF THANKS FOR YOUR GENEROSITY AND CONSIDERATION SR. IRENE KWENA](#) by Joseph Odhiambo Okello, [Kenya](#), (11/5/2018)

[HOW GOOD IT IS TO BE A HESA STUDENT](#) by Sr. Caroline Omondi , [Kenya](#), (11/5/2018)

[What mentoring can do](#) by Sr. Lidia Awuor Ondong , [Kenya](#), (11/5/2018)

[Appreciation to Mother ASEC](#) by Sr. Francisca Unekwujo Igoche, [Kenya](#), (11/8/2018)

[WHAT RETURNS TO YAHWEH CAN I MAKE](#) by Sr. Pauline Wanyoike, [Kenya](#), (11/8/2018)

[APPRECIATION FOR THE CHANCE GIVEN](#) by Sr. Janet Achieng Ombima, [Kenya](#), (APPRECIATION FOR THE CHANCE GIVEN)

[HESA Students, we are because ASEC you are](#) by Sr. Catherine Mulee, [Kenya](#), (11/8/2018)

[APPRECIATION POEM](#) by Sr. Catherine Mulee, [Kenya](#), (11/8/2018)

[HESA ALUMNI DOCUMENTARY](#) by Sr. Esther Wairimu Mwangi, [Kenya](#), (11/14/2018)

[Conrad Hilton Foundation and ASEC: Thanking our Partners](#) by Sr. Perpetua Chinyere Orazulume, [Kenya](#), (11/16/2018)

[Fundraising for the classrom block](#) by Sr Clementina Phiri, [Zambia](#), (11/19/2018)

[One hundred and five Women Religious of ASEC programs graduate in Uganda](#) by Sr Mary Germina Keneema , [Uganda](#), (11/20/2018)

[Association of Religious in Uganda celebrates 50 years](#) by Sr Mary Germina Keneema , [Uganda](#), (11/20/2018)

[Fighting for social justice and the well-being of African children in povertyTwo young girls that became adults at an early age after being abandoned by their father](#) by Sr. Matilda Komiwe Banda, SLDI Alumna Administration Track, [Zambia](#), (11/22/2018)

[ASEC âSLDI has empowered me to serve](#) by Sr Georgia Kyenda MSMM, [Uganda](#), (11/24/2018)

[APPRECIATION FOR THE GREAT SUPPORT RECEIVED](#) by Sr. Elizabeth Onoja, [Kenya](#), (11/26/2018)

[Thank you ASEC- SLDI for enabling me](#) by Sr. Ghislaine Kayindo, [Uganda](#), (12/15/2018)

[Ugandan Sisters takes high gear on Advocacy](#) by Sr Lilly Driciru, SLDI Participant, [Uganda](#), (12/27/2018)