



Empower Women

Sisters in Africa spearhead women's empowerment projects

Catholic sisters in Africa are using education to empower women and work toward gender equality.

Gender inequality is deeply rooted in many African communities. Things like childhood marriage, physical and sexual violence, lack of access to education and barriers to economic independence are daily realities for many African women.

But it just takes ONE PERSON to show women the way to unlock better opportunities. Find out how ASEC helps Catholic sisters unlock those opportunities for themselves AND the communities they faithfully serve.



Alumnae of ASEC's SLDI and HESA programs obtain the skills and credentials needed to advocate for the most vulnerable and persecuted individuals in the communities they serve.

ASEC's **Sisters Leadership Development Initiative (SLDI)** program provides sisters with technology, administration and finance training through one month workshops over three years. Through SLDI, sisters gain the practical skills and confidence to build strong networks and take up leadership roles in their congregations and communities.

ASEC's **Higher Education for Sisters in Africa (HESA)** program provides opportunities for sisters to access diploma, undergraduate and master's level education. HESA is delivered through partnerships with higher education institutions in Africa and online in the USA.

The impact of women lifting women

Through the foundation of their education, ASEC and SLDI alumnae consistently provide a stable foundation for the building up of other women and their surrounding communities. You can be a part of the lasting impact these sisters make by donating to their ASEC-sponsored education now.

Donate: asec-sldi.org/donate



In Kenya, SLDI alumna **Sr. Josephine** is empowering women dealing with violence, income setbacks, poverty and healthcare crises through her project, Women Peacemakers with Alternative Livelihood.



Sr. Caroline, an SLDI alumna in Cameroon has created a Women's Empowerment Center, where local women receive the education and training they need to create and obtain jobs.

After participating in ASEC's SLDI program, **Sr. Justina** established St. Helen's Sewing Centre in Nigeria. The Centre led to the creation of Living Bread Bakery and Good Shepherd Vocational School for Girls, which both provide training and employment to women and girls living in poverty.



Sr. Jane, a HESA student in Malawi, teaches women a simple recipe made from water and sawdust from the nearby carpentry shop to make briquettes to replace traditional firewood. Not only are the women relieved of the long and dangerous walk to find dry firewood, but they are also able to sell the briquettes for a profit.

Read more: asec-sldi.org/women